

THE SHOEBOX PROJECT

for women

GUIDE to Create the Perfect Gift for Her

Body wash



Face cleanser



Lip balm



Deodorant



Hair care



Body lotion



5 Useful Daily Essentials

Select **a few** essential items for your Shoebox

Useful daily essentials of self-care products will help her to feel healthy and confident.

NOTE:
Use these items as examples to guide you!

Accessories



Makeup



Journal & Pen



Hand cream



Sweet treat



Nail polish



6 Little Luxuries

Add **some** little luxuries to your Shoebox

Luxurious items can help her see she is worthy and deserving of nice things.

NOTE:
Use these items as examples to guide you!

Gloves



Hat / Scarf



Socks



Sunscreen



Umbrella



Reusable



7 Seasonal Items

Include items for the current season

Seasonal items help her feel comfortable every season -warm or cold.

Note:
Please consider cozy items for the holiday drive and summer accessories for the warmer months.

THE SHOEBOX PROJECT

for women

GUIDE PLEASE DO NOT INCLUDE:

If it's been used, please lose it: **She deserves to feel special!**

Unpackaged, used, free/'hotel' samples, jumbo-sized, travel-sized, & feminine hygiene products are not items you would include in a gift to a friend.

Treat her as you would your very best friend!



Travel/Jumbo size
& Free samples



Used / opened



Unpackaged



Feminine Hygiene

If it's not inclusive, don't include it: **We are all unique, inside and out!**

Specific needs call for specific products! If we don't know the individual receiving our gift, we don't know her specific needs like **size, skin tone, hair texture**, etc. *Let's ensure she feels comfortable and confident in HER unique self!*



Sized clothing
(i.e. S, M, L, XL)



Foundations, concealers, any
product for specific skin tones



Shampoos/Conditioners
Hair textures vary widely

If it can harm, hold it back: **Providing a safe & peaceful environment is essential!**

Items that **could cause harm, contain alcohol or are heavily scented** should **NOT** be included in your gift. *Let's help keep her as safe as possible while she continues her journey!*



Razors, manicure kits



Products containing alcohol
(i.e. mouthwash and sanitizer)



Perfumes,
diffusers and candles