

Presented By



# 6 Must Have Conversations with Your (pre) Teen

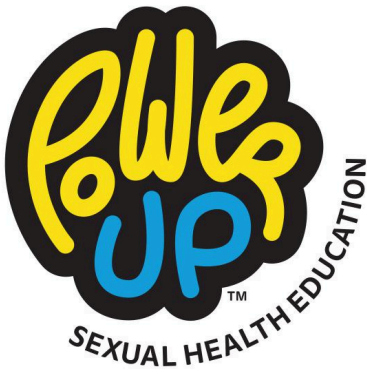
**Monday, Nov. 18, 2024  
7:00-9:00pm**

**On Zoom**

Sponsored by SPEAC



Presented by Kerri Isham,  
Certified Sexual Health Educator



# Adult Workshop

## 6 Must Have Conversations With Your (Pre) Teen

More so than ever before, adults need to keep up-to-date with current issues in sexual health education. This 1/2 day (2-3 hours) or full day workshop will provide parents, caregivers, teachers, EAs, counsellors, child and youth care workers (and other interested community members) a peek into the challenges many youth face today. Specific topics will include consent, healthy relationships, steps to safer sex, sexting, pornography and gender & sexual orientation.

In this workshop you will learn about...

1. Age of Consent in Canada
2. Criteria for Consent
3. Gaslighting
4. Cycle of Abuse
5. Avoiding Unplanned Pregnancies
6. STIs
7. Sexting and the Law
8. Impact of Pornography Viewing
9. Resources for Youth

